



U10

Age Requirements: 8 and 9 years old as of 1 August 2009

Format: Small Sided Game

Number of players on field: 6. Must have a minimum of 4 on the field to play. At the discretion of the opposing coach, members from the opposing team may be used in order to conduct play. A team unable to field the minimum numbers of players within 10 minutes of the scheduled game time, forfeits the game.

Duration of Play: 4 quarters lasting 12 minutes each. Each quarter will be separated by a minimum of 2 minutes and 5 minutes at halftime. Regular season games may end in a tie.

Substitution: Substitutions may be made at the end of each quarter. For safety reasons, substitutions may occur due to injuries at other times during the game. The Referee must authorize substitution of an injured player. Each player must play a minimum of 1/2 of the game (2 quarters) and quarters played must be reported for each player on the game card. A game card must be submitted to the referee for each game.

Scoring: Results of the games will not be retained by OSSO.

Ball Size: 4

Penalty kick distance: 10 yards

Throw-in: Restart play with a throw-in. Re-throws not permitted.

Slide tackles: Not recommended

Off-Sides: Applicable

Officials: Center Referee and two Assistant Referees will be assigned for each game. On occasion, each team may be required to provide a club linesman in the absence of assistant referees. Coaches, parents, and players are required to respect the authority of the officials.

Tournament: Seeding for the OSSO tournament will be by blind draw. The top two teams will advance to the Southern District Tournament. If the Southern District Tournament accepts more than two teams per age/gender group, the OSSO Board will determine if more than two teams should attend the Southern District Tournament.