



U5 & U6

Age Requirements: 4 and 5 years old as of 1 August 2009

Format: Small Sided Game

Field Coach: Allowed: This rule is to assist the players in improving their basic soccer strategies. Head Coaches may be on the field on the periphery of the action. Only positive verbal instruction may be used. Negative comments to either team from the other coaches will result in a warning for the first offense and removal to the bench area for subsequent offenses. Warnings are applicable toward the entire coach staff.

Number of players on field: 3. Must have a minimum of 3 on the field to play. Members from the opposing team can be used in order to conduct play, there should never be a forfeit for lack of players, 2v2 is acceptable.

Duration of Play: 4 quarters lasting 8 minutes each. Each quarter will be separated by a minimum of 2 minutes and a 5 minute break at halftime.

Substitution: Substitutions may be made at the end of each quarter. For safety reasons, substitutions may occur due to injuries at other times during the game. Referee (or opposing coach) must recognize the substitution of an injured player. Each player must play a minimum of 1/2 of the game (2 quarters) and quarters played must be reported for each player on the game card. A game card must be submitted to the referee for each game.

Scoring: The entire ball must cross of the goal line within the extents of the goal. The coaches will not keep score and OSSO will not retain results of the games.

Ball Size: 3

Penalty kick distance: Not applicable

Penalty Kicks: All indirect from the point of the infraction.

Throw-in: Restart play with a kick-in.

Slide tackles: Illegal

Offside: Not applicable

Officials: A Referee may or may not be assigned for the games. If a referee is not assigned, the coaches will be responsible for accurate timekeeping and maintaining play within the rules of the age group.

Tournament: None.