



U8

Age Requirements: 6 and 7 years old as of 1 August 2009

Format: Small Sided Game

Field Coach: Not allowed, coaching from sidelines only.

Number of players on field: 4. Must have a minimum of 3 on the field to play. At the discretion of the opposing coach, members from the opposing team may be used in order to conduct play.

Duration of Play: 4 quarters lasting 10 minutes each. Each quarter will be separated by a minimum of 2 minutes and 5 minutes at halftime.

Substitution: Substitutions may be made at the end of each quarter. For safety reasons, substitutions may occur due to injuries at other times during the game. Referee (or opposing coach) must recognize the substitution of an injured player. Each player must play a minimum of 1/2 of the game (2 quarters) and quarters played must be reported for each player on the game card. A game card must be submitted to the referee for each game.

Scoring: The entire ball must cross of the goal line within the extents of the goal. Coaches will not keep score and the results of the games will not be retained by OSSO.

Ball Size: 3

Penalty kick distance: Not applicable

Penalty Kicks: All indirect from the point of the infraction.

Throw-in: Restart play with a throw-in. Re-throws permitted for incorrect execution.

Slide tackles: Illegal

Off-sides: Not applicable

Officials: A Referee will be assigned for each game. Coaches, parents, and players are required to respect the authority of the referee. The referee will collect a complete and signed game card from each coach at the conclusion of each game.

Tournament: None